in a's eaterly

## $\heartsuit$ never met a sandwich I didn't like $\heartsuit$

a boyfriend`s breakfast (a/c/n) 9,5 sandwich with beef bacon – egg sunnyside down – smashed pea-avocado – homemade beetroot hummus – grilled pepper – sprouts

the vegan's choice (a/n)  $\forall$  9,5 sandwich with spinach – carrot – cucumber– smashed pea-avocado – homemade hummus – sprouts

**breakfast bagel** (a/c/g/n) **9,5** bagel – tomato – arugula – scrambled egg – cream cheese – red cabbage – homemade spicy salsa ...add beef-bacon +3,0

## $\heartsuit$ brunch: one meal to rule them all $\heartsuit$

amazing avocado toast (a/c/n) 11,9 with poached or scrambled or fried egg organic bread with smashed pea-avocado – seasonal salad – chili – homemade beetroot hummus – sprouts

avocado scrambled tofu toast (a/f/n)  $\mathbb{V}$  11,9 organic bread with scrambled tofu "egg" – seasonal salad – smashed pea-avocado – chili – homemade betroot hummus – sprouts

**oh my omelett! it`s vegan** (f/n) ∛ glutenfree **12,5** vegan chickpea omelett – tomatoe – arugula – red cabbage – balsamico – grilled pepper – pomegranate – homemade hummus NATURAL FOOD AND DRINKS

VIENNA

# $\heartsuit$ life`s short – lick the bowl $\heartsuit$

classy chicken bowl (a/e/h) 13,9 chicken – mango – peanut – cashew – spelt rice – broccoli – leaf spinach – avocado – chili flakes – sprouts – roasted almonds

austrian beef bowl (a/h) 13,9 ground beef – grilled pepper – smashed avocado – spelt rice – broccoli – leaf spinach – avocado – chili flakes – sprouts – roasted almonds

vegan falafel bowl (a/h/n) № 13,9 homemade falafel – hummus & beetroot hummus – pomegranate – spelt rice – broccoli – leaf spinach – avocado – chili flakes – sprouts – roasted almonds

#### find some food pics here:



zinas\_eatery www.zinas-eatery.com wifi: Zinaseatery1 Our dishes are homemade and made with ♥ We prefer to use organic, natural and regional ingredients in our kitchen.

9,5

# $^{\heartsuit}$ sweet brekkie all day – the healthy way $^{\heartsuit}$

**popular protein porridge** (e/g/h) oatmeal – protein – walnut – frozen blueberry – cacao nibs – peanut crunch – banana

Vor try it vegan with soy-protein (e/f/h) + 1,0

## vegan protein pancakes (a/f/h) № 11,5

spelt flour – banana – protein – almond drink – cinnamon – coconut – homemade berry jelly ...add maple syrup +2,0 ...add beef-bacon +3,0 ...make it dirty – add both

sisi schmarrn (a/f/h) spelt flour – flex seed – oats – coconut – cacao nibs – raisin – zucchini – apple sauce – berries

fancy french toast (a/c/e/g/h) 11,9 wholegrain soft bread – egg – milk – banana – cinnamon – peanut butter & berry jelly – coconut blossom sugar – sweet sour cream – nuts – berries – coconut

...take`s a little longer - but worth the wait!

### & homemade baked goods

have a look at our counter – our homemade baked goods are without refined sugar and we have vegan options.

energy and nutritional information on request / all prices in € incl. VAT